

LIVING with GRIEF

Bound by Sorrow, Wrapped in Comfort CPH FaithCourses® Reading Guide

Thank you for deciding to study the comfort Christ brings to us all by reading *Living with Grief*. This guide is designed to help you stay on track with your group. The following pages contain guides for each of the four group sessions. God's richest blessings to you as you hear of the Christ that is the same yesterday, today, and forever.

Course Outline

Below, you will find the outline for CPH FaithCourses: Living with Grief. This outline will help you stay on track with your reading throughout your group study.

Session One

Group Meeting Date:

Content

- » **Chapter One:** Death, Our Enemy, and Christ, Our Victor
- » **Chapter Two:** Understanding Grief, Receiving Comfort

Session Objectives

At the end of this session, learners will have learned about

- » the results of sin;
- » two great truths concerning Christ;
- » the importance of Christ's resurrection from the dead;
- » how Christians grieve;
- » the importance of remembering "I am baptized"; and
- » how comfort is best received from the Lord.

Question Location and Additional Readings

Questions for reflection are found on pages 47 and 59. You will read the following passages during your group study. You may wish to read them prior to arriving at the study to prepare.

- » Romans 5:12, 17
- » Luke 9:22
- » John 20:1–10
- » 1 Corinthians 15:12–20
- » 1 Thessalonians 4:13
- » 1 Peter 3:21
- » Psalm 122:1

Session Two

Group Meeting Date:

Content

- » **Chapter Three:** Listen: Voices in the Valley of Sorrow
- » **Chapter Four:** My Voice in the Valley

Session Objectives

At the end of this session, learners will have learned about

- » the physical impact of grief;
- » the emotional impact of grief;
- » the spiritual impact of grief;
- » why we are blessed;
- » speaking of hope while in deep sorrow; and
- » who defines our lives.

Question Location and Additional Readings

Questions for reflection are found on pages 72 and 96. You will read the following passages during your group study. You may wish to read them prior to arriving at the study to prepare.

- » Psalm 6:6–7
- » Psalm 6:3
- » Job 29:1–6
- » Jeremiah 17:7–8

Session Three

Group Meeting Date:

Content

- » **Chapter Five:** The Funeral Industry
- » **Chapter Six:** Dangers among Us, Part 1

Session Objectives

At the end of this session, learners will have learned about

- » how death has been sanitized;
- » how a funeral guards sacredness;
- » what to ponder at a grave;
- » Satan's goal;
- » true wisdom; and
- » where we find the revealed truth.

Question Location and Additional Readings

Questions for reflection are found on pages 105 and 119. You will read the following passages during your group study. You may wish to read them prior to arriving at the study to prepare.

- » 1 Peter 5:8
- » Psalm 14:1
- » Isaiah 8:19–20
- » Isaiah 63:16

Session Four

Group Meeting Date:

Content

- » **Chapter Seven:** Dangers among Us, Part 2
- » **Chapter Eight:** Conclusion

Session Objectives

At the end of this session, learners will have learned about

- » the culture of death;
- » who we are to abide in;
- » the always true comfort of Christ;
- » how we live wisely;
- » the assurance of our future; and
- » the anthem of our lives.

Question Location and Additional Readings

Questions for reflection are found on pages 141 and 159. You will read the following passages during your group study. You may wish to read them prior to arriving at the study to prepare.

- » Exodus 20:13
- » John 8:31
- » Habakkuk 3:17–19
- » Psalm 90:12
- » Revelation 7:12